

## October Home Makeover: Cozy Up Your Space for Fall

## Did You Know...

The iconic costume from this 1978 film is undeniably chilling, but its origins are surprisingly humorous. According to The New York Times, the film's production designer, Tommy Lee Wallace, came across a William Shatner mask from Star Trek and was immediately inspired. The crew then spray-painted it white, creating the haunting look we all recognize today.

Here are some cozy ideas to make your house feel warm and inviting for October:

- Warm Lighting: Use soft, ambient lighting with string lights, fairy lights, or candles. Candles with fall scents like cinnamon, pumpkin spice, or vanilla can make the space feel extra cozy. If you have a fireplace, have it going for the golden glow
- Cozy Throws & Pillows: Layer your couches and chairs with knitted throws, plush blankets, and autumn-colored pillows like burnt orange, mustard yellow, and deep burgundy.
- Seasonal Scents: Simmer a pot of apple cider, mulled wine, or autumn spices like cinnamon and cloves to fill your home with warm, inviting scents. You could also use a diffuser with essential oils such as orange, clove, or cedarwood.
- Fall-Inspired Table Settings: Set your dining table with fall-themed placemats, napkins, and centerpieces. Think about adding dried leaves, acorns, or small branches to bring nature indoors.
- Warm Drinks Station: Create a little hot drink station with options like hot chocolate, apple cider, or tea, complete with mugs, marshmallows, and cinnamon sticks.
- Autumn Wreaths & Garlands: Hang a seasonal wreath on your front door and adorn your mantel with fall garlands. Opt for designs made with leaves, acorns, or even small pinecones.
- **Comfortable Rugs:** Add a fluffy rug or two in living areas or bedrooms. This will keep your feet warm on cooler October mornings and evenings.
- Autumn-Themed Art: Swap out any art or photos with pieces that reflect the season, such as nature scenes, fall landscapes, or abstract art in autumn colors.

## Spooky & Sweet: Tips for a Family-Friendly Halloween Party

- Choose a Spooky Theme: Whether it's a haunted house, classic monsters, or a pumpkin patch, having a themed party adds fun and focus to decorations, costumes, and activities.
- Create a Spooky Ambience: Dim the lights and use string lights, candles (battery-operated for safety!), or a fog machine to set the mood. Consider spooky sound effects or a Halloween playlist to add to the atmosphere.
- Encourage Creative Costumes: Make it a costume party! Offer a small prize
  for the best costume, most creative, or scariest. Ensure it's family-friendly, or
  set categories based on age groups.
- Serve Halloween-Themed Snacks: Serve fun, spooky snacks like "witch's brew" punch, monster cupcakes, or "bloody" hot dogs. You can also make food look fun with themed names like "mummy meatballs" or "pumpkin deviled eggs."
- Set Up a Photo Booth: Create a DIY photo booth with props like witch hats, fake spiders, and skeleton hands. Guests will love taking pictures to capture the memories.
- Offer Fun Games and Activities: Set up Halloween-themed games like bobbing for apples, a costume contest, or a spooky scavenger hunt. You could also have a craft station where kids can decorate their own pumpkins or make monster masks.
- Offer Trick-or-Treat Stations: Set up different "treat" stations around your home or yard with candy, small toys, or party favors. This lets guests enjoy a variety of treats throughout the party.
- **Don't Forget the Treat Bags**: Send guests home with treat bags filled with candy, mini toys, or themed goodies as a fun takeaway from the event.

## Weird, but True!



In Mary Shelley's iconic novel Frankenstein,
Frankenstein's Creature is a vegetarian. In the story, the Creature states, "My food is not that of man; I do not destroy the lamb and the kid to glut my appetite; acorns and berries afford me sufficient nourishment."





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