

September

NEWSLETTER



10 Best Back-to-School Tips for Home Organization

With the back-to-school season upon us, it's essential to establish routines and systems at home to support your family's academic and personal growth. Here are ten tips to help create an environment conducive to learning and success:

1. Establish a Dedicated Study Space: Set up a homework station with a desk or table, comfortable seating, and organizational tools such as shelves, drawers, and bins to keep supplies neatly organized and easily accessible. Ensure it's free from distractions and stocked with essential supplies like pens, paper, and reference materials.

2. Implement a Daily Routine: Establish a consistent daily routine that includes set times for waking up, getting ready for school, homework, meals, and bedtime. Consistency promotes productivity and reduces stress for both children and parents.

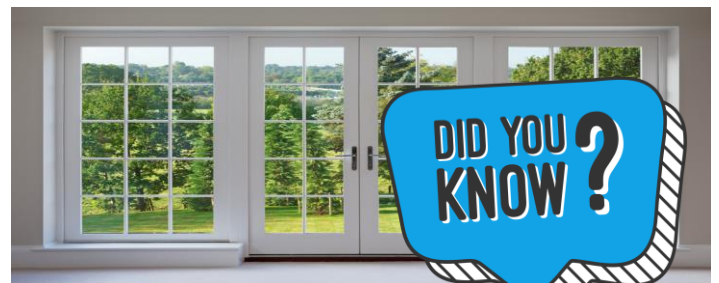
3. Encourage Time Management Skills: Teach your children the importance of time management by creating a shared family calendar or planner to track assignments, extracurricular activities, and family commitments. Help them prioritize tasks and set realistic goals.

4. Streamline Morning Routines: Simplify hectic mornings by prepping lunches, laying out clothes, and packing backpacks the night before. Create a checklist to ensure nothing is forgotten, and establish a morning routine that allows for a stress-free start to the day.

5. Utilize Vertical Space: Maximize storage space by utilizing vertical areas such as walls and the backs of doors. Install shelves, hooks, and organizers to keep items off the floor and easily accessible.

6. Streamline Backpack Storage: Designate a specific area near the entryway or in the mudroom for backpacks, lunch boxes, and school supplies. Install hooks or cubbies to keep items organized and easily accessible for busy mornings.

7. Optimize Closet Space for School Outfits: Organize closets to make selecting school outfits quick and easy. Use hanging organizers or labeled bins to separate and store clothing items by day of the week or by type of clothing (e.g., uniforms, gym clothes).



The term "window" in English has its origins in the ancient Norse word "vindauga," where "vind" means wind and "auga" means eye. The word's usage dates back to the thirteenth century, and when incorporated into English, the term "window" literally translated to eye-door or eye-hole.



Creating a Hygge-Inspired Home: Cozy Fall Décor and Lifestyle Tips

Hygge, a Danish concept centered around coziness, contentment, and well-being, has gained popularity worldwide as a way to embrace comfort and relaxation, especially during the fall and winter seasons. Let's explore how homeowners can incorporate hygge principles into their homes and daily lives:

- **Warm and Inviting Spaces:** Tips for creating cozy atmospheres in different areas of the home, such as adding soft blankets and plush pillows to living areas, incorporating warm lighting with candles or string lights, and arranging furniture to encourage intimate conversations and relaxation.
- **Natural Elements:** Ideas for bringing the outdoors inside to connect with nature and enhance a sense of tranquility, such as decorating with seasonal foliage like branches, pine cones, and dried flowers, incorporating natural materials like wood, wool, and stone, and displaying houseplants to purify the air and add life to indoor spaces.
- **Comforting Rituals:** Suggestions for incorporating comforting rituals into daily routines, such as brewing a cup of herbal tea or hot cocoa to enjoy by the fireplace, practicing mindfulness or meditation in a cozy reading nook, or indulging in self-care activities like taking a warm bath with essential oils and bath salts.
- **Homemade Comfort Foods:** Ideas for preparing simple and comforting meals that evoke feelings of warmth and nostalgia, such as hearty soups, stews, and casseroles made with seasonal ingredients like squash, pumpkin, and root vegetables, as well as baking fresh bread, cookies, or pies to fill the home with delicious aromas.
- **Mindful Entertaining:** Tips for hosting intimate gatherings with friends and family that focus on quality time and meaningful connections, such as organizing game nights, potluck dinners, or movie marathons, providing cozy seating arrangements and ambient lighting, and encouraging guests to participate in hygge-inspired activities like storytelling or crafting.

WEIRD, BUT

TRUE

The Statue of Liberty wears a size 879 shoe!



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